



## The STATE OF THE ONION RETREAT

*There are times in our lives when we are called to live with more power, more radiance, and more magnificence. If you are in one of those times right now, I invite you to join us for an intimate and profound weekend of emotional and spiritual rebirth.*

The State of the ONION Retreat is designed to allow participants to experience the kind of healing revelations and breakthroughs that can happen only in a group. A rare opportunity to do physical and emotional healing in an atmosphere of safety, tranquility and caring with a small group of like-minded personal development seekers, THE STATE OF THE ONION RETREAT is facilitated by the proven respected transformational leader, DR. NANCE MACLEOD.

A leader in the field of wellness and personal transformation, Nance has helped hundreds of people make profound personal shifts over the past 30 years through her seminars, retreats, and therapies. THE STATE OF THE ONION RETREAT will take you through deeply healing processes so that you can experience greater freedom on the inside, and ultimately achieve greater success and fulfillment on the outside.

Nance created this life-changing weekend to help you to emerge into your true amazing self, glowing the natural magic and unique strength that you have

### When You Attend THE STATE OF THE ONION You Will Learn HOW TO:

- Peel the layers of your own emotional onion and get to the true amazing core of yourself
- Stop Sabotaging Your Own Happiness and success
- Break Free from Fear, Procrastination & Limitation
- Find The Confidence To Change & Open New Exciting Doors
- Create Power, Boundaries. Poise, Self-esteem and Balance
- Become Your Most Beautiful Courageous Self
- Find your Joy, Passion, Vision, Love, Truth and Adventure
- Shine bright everyday by sharing the music inside of yourself

**Locations:** Stokes Bay, Niagara Falls, Hamilton, Buffalo, Sarasota, San Diego, Mexico

Is there an area you would like us to go, call us today!

7pm Friday<sup>to</sup> 3pm Sunday 2011

**ONLY \$333** (Accommodations, Meals, Alcohol, Gratuities, and taxes not included)

**Contact:** [drNanceMacleod@gmail.com](mailto:drNanceMacleod@gmail.com) or call 289-669-0015